



## Pure & Simple XV 2024 keynotes and classes

This year along with the 15<sup>th</sup> anniversary of the seminar, we've asked speakers to bring "pure gold nuggets" from their own journeys. The result is a seminar you won't want to miss whether you attend live (recommended) or virtually.

### **\*Friday night keynote**

#### **Kingdom of Compassion: the key to freedom – Dave and Robin Weidner**

Do you see betrayal, abuse or addiction predominately through the lens of justice or compassion? How can you flee from accusations that linger long after traumatic events? We will consider practical ways that mercy (from God, towards yourself and towards others) can help you increase your capacity to heal.

### **\*Saturday morning keynote**

#### **Just as I am - Guy Hammond**

Learning to love and accept yourself and see yourself as God sees you can be a daunting challenge! This especially true if you who you are doesn't match the world's or even the church's expectations and norms. You will be encouraged and inspired by one who has overcome Satan's lies and become a hero to thousands of disciples around the world.

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\* Keynotes and classes marked with an asterisk will be broadcast live for those registered for the virtual conference. Other classes will have audio released after the conference.

**\*Sunday morning keynote**

**Get Wisdom -- Tom and Carol Nuelle**

The book of Proverbs provides valuable teaching about the role of continued learning. Walking on the "path of purity" requires active participation in the life long process of maturing as we "grow in the grace and knowledge of our lord and savior Jesus Christ."

## Class sessions

**\*Relational healing: How to anchor your recovery – Robin Weidner**

Relational trauma needs a relational cure. However, remnants of addiction, abuse or betrayal can leave you feeling perpetually lonely, misunderstood, or forgotten. Having "unacceptable" struggles may leave you hesitant to initiate. How can you create relationships that help anchor your recovery?

**\*Defeat Discouragement, Defeat Impurity – Tom Nuelle**

The question is often asked, "Why can't I fully get free? Why do I still act out, when I've participated in so much recovery activity?" In insidious ways, discouragement weakens us in the fight. The pure gold is that discouragement is a message from God if you are willing to listen.

**\*Shame-proof: How to disarm an escalation – Dave and Robin Weidner**

When a flaming arrow of shame hits a wound or a trigger, we are tempted to shut down intimacy. Emotionally Focused Therapy calls this an escalation. Our desire to avoid being "too vulnerable" leads to defensiveness or isolation. Learn simple tools to release shame, allowing wisdom to grow.

**In for the Long Haul – Peter and Rowena Hirmer**

How do you successfully maintain recovery for five years, ten years or even decades? In this class, we will explore the glory and *helpful* humbling that allows sustained recovery to mature and prosper over the years.

**Codependency: Read the Boundary Lines – Carol Nuelle**

Insecurity has deep, unwanted power in our lives. We will explore "pure gold" internal boundaries in our own hearts. These will equip us to see and stand firm on external boundaries with others, so that through the Spirit's power we can overcome codependency.

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**Articles of Gold: Becoming an effective group leader/mentor – Aaron Clark**

Helping people in their journey of recovery is a great task. How you relate to that person or group is crucial. This class will lay out the essential qualities you will need to become an effective leader..

**Dismantling the Arguments – Guy Hammond**

We live in a world where pro-gay theology is extolled as holding the key to equality and freedom. How can we build a compassionate Bible-based framework that exalts God's wisdom and standards? How can this be communicated confidently yet kindly?

**Golden Rules for Recovery Partners – David Weidner and Peter Hinsch**

The battle for freedom can only be won with the help of others. Experts agree that we need multiple "battle buddies" to stay on the path of purity. This class will model a daily renewal conversation and explore best practices for finding and maintaining renewal relationships.

**Following Jesus in a LBGTO World – Guy Hammond**

As followers of Christ we are called to walk as Jesus walked. In this class, we will find that the walk of Jesus is instructional and ever relevant to the issues of our day. We will also consider how following Jesus can help confused teens make life-affirming choices.

**Rhythm and Pace of Pure Living – Tom Nuelle**

Like every spiritual discipline, effective recovery has a rhythm. How do we pace our recovery in a way that allows for growth in pure living? In this class, we will explore the essential balance between outward actions/decisions and inward nurturing and growth.

**Starting a New Group – Erik Scheffler and Daniel Mikoku**

Jesus said the harvest is plentiful but the workers are few. Now that you have grown in recovery, how do you translate that into successfully launching a new group? What best practices create safety and confidentiality? What will help your group be effective?

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### **Golden Nuggets for Spouses of Strugglers – Boston Women**

The Boston church has one of the longest running recovery programs for spouses of those who struggle sexually. How do you build a group that meets diverse needs? What creates safety and personal growth for the members? What kind of resources help?

### **Effective Women's Purity Groups – Mary Kay Lofurno**

Women and sexuality has been a long-neglected and much-shamed topic for churches. Women's struggles usually have a relational driver, whether lack of a deeply-felt need, or a past history of suffering relational neglect or abuse. Discover what is the "pure gold" that helps women recover.

### **Marriages that Prosper in the Trenches – George and Brenda Boyce**

To have a healthy relationship, it is important to address our individual (and couple) emotional, physical and spiritual health. How do we get in the trenches together to let God do the heavy lifting? Practically speaking, how can we rely on the Holy Spirit to guide and nourish true intimacy?

### **Growing in Emotion-ability – Chuck Royal**

Training in emotional intelligence has often been sparse or non-existent. This leads us ill-prepared to be emotionally healthy and able to build strong relationships. This class will provide practical teaching how to increase emotional intelligence and pass this knowledge on to others.

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#### **Other conference events:**

Conference giveaways  
Pure Gold Therapeutic Art  
Sit Down Luncheon on Saturday  
Testimonials from the trenches  
Pure Gold fellowship  
Book table featuring life-changing works

Coming soon: Class descriptions for the Spanish language part of the seminar

## **Pure and Simple XV**

**November 8 - 10, 2024**

**Saddle Brook Marriott - Saddle Brook, New Jersey**